

RA LONG HIGH SCHOOL



August 2018

🎯 Respect

Dear R.A.Long Students, Parents, and Guardians: I hope this letter finds you well, rested, and looking forward to embarking on a new school year. Hard to believe it is just around the corner. (Aug 29)

As we head into a new school year, I am always filled with such optimism. We have such a fantastic group of teachers and students and I relish the first days when students are getting back together with friends and getting acquainted with their new teachers.

High school is such a great time in a student's life. I encourage students to get involved in as many activities as possible in the next four years. Athletics, band, drama, service clubs and leadership to name just a few. These are instant ways to make new connections, especially with those that share common interests.

🎯 Achieve

The importance of a high school diploma has never been so great. A diploma helps you to access college, trade school, and now the military. The high school diploma is significant in opening doors of opportunity.

High school does not have to be a barrier for you becoming what you want to be. However, in order to be successful in high school these are things you can do to help facilitate that success. Here are a few:

- Show up everyday as a learner. You can't learn if you are not here.
- Complete your learning tasks. (Assignments)
- Prepare for tests and quizzes.
- Seek help when you need it. Ask questions that clarify for you.

🎯 Lead

Ultimately, students have to take responsibility for their learning. RA Long staff will be here to facilitate, guide, and coach students along this journey.

There really isn't a greater rush for staff than to watch young adults graduate and receive their diplomas. It is the reward for the work well done.

Finally, we welcome our new 240 future graduates to the RA Long family!

Class of 2022!

It's going to be a fantastic year!

Respect-Achieve-Lead

With Respect,

Rich Reeves, Principal

Reminders:

Need to Know...

- In class on time
- Phones Off & Away in classrooms
- Chromebooks must be fully charged when you arrive to school.
- No hats worn in building and not allowed in classrooms at any time during the day including before and after school.
- 10/10 Rule: No hall passes given first and last 10 minutes of each class period.
- Ear Buds: Only one can be worn in common areas. Teacher discretion in classrooms. If they say no, the answer is no.
- No skirts, shorts, dresses, or holes in your jeans higher than two inches above the knee.
- Learning is an expectation, not a request.

Joining RA Long:

- ◆ Billy Arn, Math
- ◆ Andrea Bergquist, Culinary
- ◆ Kerrie Claggett, SpEd
- ◆ Jennifer Clement, Secretary
- ◆ Lindsey Earl, Counselor
- ◆ Keli Hancock, Transition Coach
- ◆ Maria Lavelle, Chinese
- ◆ August Mason, French

Chromebooks will be checked out in early September. They are your responsibility for care and keeping them charged for school.



School Starts on Wednesday, August 29 @ 7:55 am
Class times are 7:55 to 2:25

2018-2019 School Calendar

Athletic Office Opens.....	Aug 13
First Day of School.....	Aug 29
Labor Day.....	Sept 3
Inservice Day.....	Oct 12
Veteran’s Day Holiday.....	Nov 12
Thanksgiving.....	Nov 22-23
Winter Holiday.....	Dec 24-Jan 4
Martin Luther King Holiday.....	Jan 21
Records Day.....	Jan 25
Presidents Day.....	Feb 18
Spring Break.....	Apr 1-5
Memorial Day.....	May 27
Graduation Ceremonies.....	June 8
Final Day of School.....	June 13

School Supply List :

- 6 Spiral Notebooks (Mead)
- 4 Highlighters
- 2 Boxes of Pencils
- 1 Box of Pens (blue, black, red)
- 1 Binder (min of 3 inches)
- 1 Scientific Calculator
- 1 Chromebook Case for Transporting
- 1 Pencil/Pen Highlighter Pouch
- 2 Packs College Ruled Paper
- 1 Box of Colored Pencils
- 3 Scotch Tape
- 1 Glue Stick
- 1 USB Drive
- 1 Scissor



Mark Your Calendars for Tuesday, August 28

Class Schedules: This is the date students pick up their “unofficial” schedules in the cafeteria during designated times.

Yearbooks: It’s recommended to preorder your yearbook on this date. Keep the receipt in a safe place for future reference.

Pictures: A picture packet is included in this mailing. Additional pkts are available @ RA Long. Pictures will be taken by *Bell Studios*.

A separate check will need to be made out to *Bell Studios* for pictures. Re-takes are scheduled for October 15.

Payments: One check can be made out to RA Long for yearbook, ASB card, pay to participate fee and PE uniform. Payments may be made with both credit and debit cards. We can accept VISA, Mastercard and Discover, but not American Express.

Be sure to call the **Attendance Office @ 575-7113** for all absences.

Please remember to bring *photo identification* when picking up your child early for an appointment



Jack Camp is coming! Jack Camp is coming!

On August 21 & 22 all freshman are invited to come to Jack Camp.

This is the time to meet teachers, coaches, pick up class schedules, find their classes, check out lockers, visit the library and much more. This is a great opportunity for the incoming 9th graders to have a preview of RA Long. Registration begins at 8:15 am.

Hours are from 8:30-1:30 pm.

FROM THE ATHLETICS DEPARTMENT

Trevor Person, Athletic Director

Phone: 575-7227

Payment Line: 575-7128

Athletic Office opens on Monday, August 13 Hours are: 8-3pm

Football practice begins on Wednesday, August 15
 Practice for all other fall sports begin on Monday, August 20



ASB Cards

All students who participate in an RA Long activity or athletic program, must purchase an ASB card, cost is \$45. The card, in addition to providing identification, entitles students to free admittance to all home athletic contests and events *except some tournaments*. It also provides reduced admittance costs at away events and school dances.

Insurance Coverage

We encourage parents to provide insurance for their children through a home policy or consider one of the low cost insurance packages (Packets can be picked up at the ASB Office.) Longview School District does *not* provide student insurance. It is very important that all students have coverage in the event they are injured at school.

Follow Trevor Person on Twitter & Instagram @ ral_longad



For all up to date information on times of practices and locations of events: Follow us on Facebook: R.A. Long Athletics/Activities Office
 Check our website: <https://ralong.longviewschools.com>
 Find us on Instagram @ ralasboffice
 Download our app: Google Play/App Store
 "RA Long High School"

Fall Sports & Head Coaches

- Girls Volleyball.....W.Luchau
- Girls Slowpitch.....J.Donaldson
- Girls Swimming.....T.Haulk
- Girls Soccer.....T.Wallace
- Cross Country.....K.Hancock
- Football.....D.McDaniels
- Boys Tennis.....R.Clark
- Rally Squad.....T.Kotera
- Boys Golf.....J.Nickerson

Registration for Sports

Prior to participating in a sport or activity, one must register through our online registration system, FamilyID. The registration process can be done by clicking on the link on our website: <https://www.familyid.com/ra-long-high-school>
 Registration must be completed by the first day of practice along with all sports fees paid. Payments can be made @ the ASB Office or online at:

<https://wa-longview.intouchrecepting.com>

The following are needed to be completed prior to participating in sports:

- Completed Family Id Registration
- Proof of Insurance
- Physical
- ASB Card
- Scholastic Eligibility
- Must be enrolled and passing 5 classes
- Paid the Pay to Participate Fee (football is \$75; all other sports are \$60)



Cost of Admission to Sporting Events:

RA Long students with ASB cards, home games are free
 For away games, RA Long students with ASB cards, cost is \$4.00
 Visiting students with ASB cards, elementary students, senior citizens, cost is \$4.00
 Adults & students without ASB cards, admission is \$6.00



R A Long High School
 2903 Nichols Blvd.
 Longview, Washington 98632

Visit our website at: <https://ralong.longviewschools.com>. It is the best way to stay informed with activities at Robert A Long High School and to be up to date with events throughout the school year. This is a great source of information for the entire family. Department phone numbers, school calendars, details about weather related delays and closures, sports news, along with what is happening throughout the district is listed on the website. We encourage you to take a minute and check us out. While, there, be sure to sign up for **Family Access**. It is another resource for parents and students. Here is an opportunity to see grades, credits, view attendance, along with requesting progress reports. These are the steps to be in the know at R A Long (RAL). Our goal is, and we strive to: Respect...Achieve...Lead.

One Hour Early Release
 begins on Wednesday,
 September 5

Note: ASB Office will re-open on August 13th *** Guidance Office will re-open on August 16th

Nurse's Office is located in the main hall, @ RA Long. Hours are from 7:30-2:25 daily. Students should go to the nurse's office if they feel ill during the day or need to take any prescribed medications. Parents are urged to drop off any necessary medications at the beginning of the school year. These need to be kept in their original packaging. Complete the form with both parent permission and doctor's order for medication/treatments. If your health care provider has determined your child has any type of life threatening conditions, the school needs to know and must have on file details about medications or treatments. These health care issues might require medical services to be performed while at school. *Keep the nurse's office informed.* Plus, make sure all emergency contact phone numbers are kept current in case the nurse's office needs to call. Any additional health concerns you might have, please call **575-7109**.

Nutrition Services 575-7172. This is the department to call if you have questions about the school lunch program. Staff there can help when filling out free and reduced lunch forms. All students are given a PIN number to use when paying for breakfast and lunch. Money can be deposited into your student's meal account before school or after meal times in the cafeteria. Any leftover balance will be carried over to the following school year. Prices are listed below. Note: *prices are subject to change.*

Lunch.....	\$2.85	Reduced lunch.....	\$.40
Breakfast.....	\$1.30	Milk.....	\$.50

News from Dana Brown Main Stage Theatre, 575-7133. It's not too early to start planning for the next theatrical performance at RA Long. Mark your calendars for the upcoming plays:

- ◆ **Music Man,** Community Musical. Show Dates: November 9, 10, 16, 17, & 18
- ◆ **The Incident,** A Drama about the impact of social media on a group of high school students, Show Dates: March 1, 2, 8 & 9
- ◆ **As You Like It** A Shakespearean comedy, Show Dates: May 10, 11, 17 & 18



Remember : "Obstacles are those frightful things you see when you take your eyes off your goal.." Henry Ford